

GUIDELINES FOR THE **40 DAYS** FASTING AND PRAYERS (STRETCH)

Fasting is a powerful spiritual discipline. Through fasting and prayer, the Holy Spirit can transform our lives. We are convinced that when God's people fast with a proper Biblical motive – seeking God's face with a broken, repentant, and contrite spirit – God will hear from heaven and heal our lives, our churches, our communities, our nation and our world.

This season of Fasting and prayer is around the theme "STRETCH" from Isaiah 54. Building capacity to accommodate heavens agenda for our nation, our families our lives and the body of Christ is our expectation.

The fast begins on August 8th, to be rounded off with the Key of David (KOD) on September 16th, 2020. The fast will run between the hours of 6PM – 6PM daily. You can choose whatever time within this period you would like to take your daily fast.

You would most likely have to cut back on food and any other thing that could serve as a distraction to you within the period you would be taking your fast. We would also advise you take lots of water in the course of the fast. This 40 days fast will run in this manner:

- 6PM – 6AM DAILY (EATING ONE OR TWO MEALS A DAY)
- 6PM – 12NOON DAILY (EATING ONE MEAL A DAY)
- DANIEL FAST (EATING ONLY FRUITS AND VEGETABLES WITHOUT MEAT)

**SUGGESTED FASTS TO BE ADDED TO THE MAIN FAST IS
WRITTEN BELOW (CHOOSE A COMBINATION OF 3 OR 4)**

- Negativity Fast
- Electronics
- TV/Movies
- Social Media
- Video Games
- Snacking
- Caffeine
- Sugar/Sweets
- Fast Food
- Salt/Seasonings

Lastly, please seek medical advice before the fast if you have any existing health conditions.

Recommended messages for the fast:

- 1) Stretch the place of your dwelling by Rev Benson Akhigbe**
- 2) The place of fasting and Prayers in taking territories by Rev Benson Akhigbe**
- 3) Making the best Use of a declared fast by Pst Kay Benson Akhigbe**
- 4) Expertise but not Sensitivity by Rev Benson Akhigbe**
- 5) Praying and getting results from Heaven by Pst Tonnies Ekilisi Uzor**

We are so joyful that you are joining in the fast, we pray you commit till the end and believe God that he will invade your space, the church family and that of our nation during the fast.

DAYS 1

(August 8)

Scriptures for meditation:

Jeremiah 29v11, Ephesians 1v 18-19 Psalm 100v4-5 Isaiah 54:4 John 8:32 Psalm 119:105 Psalm 37:4-6 2Chronicles 7:14, 1TIM 2V1-2 PSALM 22V27-28 JEREMIAH 29V 7

6:00am- 9:00 am or 6:00pm-9:00pm

PRAYER POINT

1. Lord we thank you for your goodness over us, our family, nation, church.
2. Today we repent of any wrong doing and ask for your mercies in our life, state, nation, family, church
3. Lord we surrender to you today and yield totally to your guidance

9:00am- 12:00pm or 9:00pm-12:00am

PRAYER POINT

1. Lord I present myself before you, as an open book and I invite you into the pages of my life

2. I pray that your breadth be released into every intricate part of my life
3. Father I ask that you search me out in this season of fast and bring healing to any past wounds I have experienced in my life.

12:00pm- 3:00pm or 12:00am-3:00am

PRAYER POINT

1. Lord we present our state, city and nation into your hand and we ask for your healing over our land
2. We pray for our nation that it will come under the light of God's authority

3:00pm- 6:00pm or 3:00am-6:00am

PRAYER POINTS

1. Give us the hearts to choose the leader who will work with other leaders to bring safety to our state and nation
2. Give us leaders who will lead this nation to productivity and prosperity.

DAYS 2

(August 9)

6:00am - 9:00am or 6:00pm-9:00pm

SCRIPTURES

Psalm 118:29 Psalm 63:1 Psalm 50:23 2chronicles 26v 5, Deuteronomy 8:18, Proverbs 24:3-4, Leviticus 19:13, Matt 14v28-29, Ephesians 1:16-18, Isaiah 54:13 Genesis 12v1 Matt 12:13, Ephesians 3:20, Philippians 4:8, Jer 23:29.

PRAYER POINTS

1. Thank the father for the gift of life today and for the breath that sustains life
2. **Pray the lord to be in total and complete control of your life today.** Pray that the Lord will reveal to you any areas you believe a lie and help you replace them with truths today.
3. Pray that you will be taken into a deeper, more meaningful relationship with God and that you will grow in faith and hear his voice within my soul.

9:00am- 12:00pm or 9:00pm-12:00am

PRAYER POINTS

1. Father we pray that you will grant us understanding to increase our capacity in this new

season

2. We pray that you will define for us how to do business differently in this new season
3. Lord we pray that you give us insights like from your word, never know before that we help us impart others in the marketplace

12:00pm- 3:00pm or 12:00am-3:00am

PRAYER POINT

1. Lord we ask that you help us make a shift from comfort and convenience so we can make the right sacrifices that is needed for this season.
2. Sweet Holy Spirit, flood our hearts with light so that we can take up the father's perspective on any matter.
3. Father we ask for supernatural empowerment to reach out for the high calling over our lives in this season.

3:00pm- 6:00pm or 3:00am-6:00am

PRAYER POINT

We pray an end the current plague in the world we ask you hand to come against every device of the enemy and bring peace

We pray for those in the frontlines taking care of those in need that you protect and keep them safe.

Father we ask for wisdom to walk in divine health as prescribed in your word

DAYS **3**

(August 10)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

**Psalms 121, Isa. 41v10, Exodus 15v2, Psalm 46v1-3.
2 Peter 3:18, Eph 1:17-18, Isaiah 54:2, Col 2:7**

PRAYER POINTS

1. Father we ask that you stand as our refuge and strength in this season
2. Lord today; stretch your helping hand into our families, marriages and relationships
3. Lord we commit our dealings today to you we ask that you watch over it.

9:00am- 12:00pm or 9:00pm-12:00am

PRAYER POINT

1. Lord I ask that you help us to grow in grace and in the knowledge of you in this season
2. Lord I ask that you increase my hunger and grant me a strong desire for your word and your presence in Jesus name Amen.
3. Lord, open my eyes to recognize my inheritance in you and walk in it.

12:00pm- 3:00pm or 12:00am-3:00am**PRAYER POINT**

1. We pray for restoration of lost vision and dreams and an increase in capacity to dream more and see new things as heaven has designed
2. We pray lord that you will grant us the power to enlarge the place of your tent
3. We ask lord that you help us stretch our imagination as concerning every aspect of our lives

3:00pm- 6:00pm or 3:00am-6:00am**PRAYER POINTS**

1. Father we ask for leaders that will bring our state and nation to a place of honor for your name
2. We ask father that you shine light on our leaders and show them new ways that will bless the state and nation
3. We pray also for the families in our nation to return to the Lordship of Jesus

DAYS 4

(August 11)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

Isaiah 57:15 Psalm 139:7 Psalm 16:11 Jeremiah 29:13 Psalm 16:11, 1Peter 8:9 Romans 15:14, Isaiah 65 18-19 1 Corinthians 15:58,1 Timothy 4:14-15,Philippians 3:3 ,Hebrews 4:16,Ephesians 4:1b-3

PRAYER POINT

1. We pray for breakthrough for the body of Christ in our nation and for unity and spiritual growth
2. Pray the father to give illumination and revelation to overtake every sphere of influence in our society
3. We ask for more of God's presence and power at work in the church; pray for heavenly encounters and testimonies in this season
4. We pray for your kingdom to come and you will be done, invade the spaces of darkness in our nation.

9:00am- 12:00pm or 9:00pm-12:00am

PRAYER POINT

1. *Father, I bring the needs of our government before you and ask you to bless our nation through godly leaders. I magnify the Name of Jesus and declare that you are Lord over this nation.*
2. Lord thank you for the joy and peace that reigns in our hearts as we rest and abide in the Lord Jesus Christ. Keep me abiding in your love day by day so that your joy in my life may be full
3. Lord infuse me with joy that supernatural strength will be available to me to do exploits in this season

12:00pm- 3:00pm or 12:00am-3:00am

PRAYER POINTS

1. We pray that our leaders, pastors, teachers, evangelist prophets, apostles will be *steadfast, immovable, and always abounding in your work. Help them to know that their toil is not in vain.*
2. We pray that they will not be distracted, discouraged or doubtful and thus neglect the spiritual gift you have given them.
3. We pray that you give them the tenacity to take great pains to maintain the path you have cleared for them and to be absorbed in the work You have laid before them.

3:00pm- 6:00pm or 3:00am-6:00am

PRAYER POINT

1. Lord I need your involvement in every detail of my life. I choose today to come near to you, to talk with you as a good friend, to share my heart, my desires, my remorse, and my pain.
2. Walk with me Father and take me to new levels where I can experience an outpouring of your love and mercy.
3. Father we pray for our eyes to be opened for understanding to the systems of heaven so they can be established in our sphere of influence

DAYS 5

(August 12)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

Matt 10 v 41-42, Romans 12:10 ,John 14:16, Exodus 33:14 Psalm 1:1-3, Matt 10 v 40-4, Psalm 42:5, Proverbs 15:15, I Peter 2:1-3, Psalm 34:17-18, Psalm, 2:4 Judges 19:6 Hebrews 10:24-2, Ephesians 4:2-3, Isaiah 30:21

PRAYER POINT

1. Lord give us more insight through your word on how to honour others around us and live honorably.
2. **We pray that our lives would be filled and overflowing with the power of your love today**
3. Lord we pray that more people will begin to catch a revelation for intercession in our church family who will intercede for the soul of our Nation.

9:00am- 12:00pm or 9:00pm-12:00am

PRAYER POINT

1. Lord I ask that flood my heart with testimonies of your goodness again as I worship your name

2. We pray for the joy of salvation to meet the lost in our families, workplace and community
3. We pray that gladness and rejoicing will be in our nation continually, we pray that Nigeria will be called Joy and her peoples called gladness.

12:00pm- 3:00pm or 12:00am-3:00am

PRAYER POINT

1. We pray today for our leaders to work together to find solutions to difficult problems in love and with one purpose
2. We ask lord that they learn will speak with each other with wisdom
3. We pray that the love of Christ will show up as they interact with and be advocates for their constituents and others.

3:00pm- 6:00pm or 3:00am-6:00am

PRAYER POINT

1. We pray for increase in joy and peace and that we may overflow with hope by the power of the Holy Spirit
2. Lord I ask that you fill me with joy and hope in area I am losing grip of my dreams
3. Father flood my heart with your perfect peace that passes understanding and may I be immersed in your joy, knowing that the joy of the Lord is my strength for today and my bright hope for tomorrow

DAYS 6

(August 13)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION:

Ephesians 3:16, Proverbs 13:20, John 15:13, Isaiah 58:11, John 16:13; Proverbs 15:15, I Peter 2:1-3, Psalm 34:17-18, Psalm, 2:4 Judges 19:6; Joshua 1:9 Isaiah 54:4 2 Timothy 1:7; Deuteronomy 29:29 Proverbs 11:14 Proverbs 16:9 Psalm 32:8

PRAYERS

1. Thank the Lord for the grace to continue walking in faith; ask the Holy Spirit for the faith to face all your fears and challenges with courage this year.
2. Ask the Lord for the grace to stay committed to His word as you wait upon Him; declare that in the face of opposition, your faith will not waver.

9:00am- 12:00pm or 9:00pm-12:00am

1. *I pray, in the Name of the Lord Jesus, for our president, the vice president, all the Cabinet and the chief justice and associate justices of the Supreme Court to receive the wisdom of God, to act in*

obedience to that wisdom and for the power of God to flow in their lives.

2. *I pray for the members of the Senate and the House of Representatives to find your peace and direction, and for these men and women to act and lead according to your Word. A house divided against itself cannot stand, therefore, I pray for them to be unified in righteousness for the sake of the nation.*
3. Ask the Father to give you understanding of what He is doing this season. Pray that god Himself will rule you nation as you stand in the gap and submit your nation to God.

12:00pm- 3:00pm or 12:00am-3:00am

1. Let us pray for boldness and strength to rise up to our responsibility.
2. Let us pray for capacity, that our strength will not fail us when we are needed most. That we will not be less than who God created us to be.

3:00pm- 6:00pm or 3:00am-6:00am

1. Lord we pray that we recognize and keep in touch with the power that is at work within us in this season.
2. We pray for the fulfillment of every prophetic word in our life

DAYS **7**

(August 14)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION:

**Acts 2:17, Matthew 16:18; Isaiah 32:15 Isaiah 1:9;
John 16:13 Joshua 1:9 Isaiah 54:4 2 Timothy 1:7;
Romans 13:1-7 Psalm 22:28 Isaiah 46:10 1 Timothy
2v1-3;**

1. Pray for a greater measure of the gifts of revelation upon the church family
2. We pray in this season that Jesus shall be the desire of our nation, flood our city with your presence
3. Pray that as you wait on Him today, your lines will fall in pleasant places.

9:00am- 12:00pm or 9:00pm-12:00am

1. Lord we pray that you will direct us to hidden treasures in this season.
2. *Lord I ask that you help me recognize my gifts and abilities and pray for wisdom to remain faithful in your service.*

12:00pm- 3:00pm or 12:00am-3:00am

1. Give me personal insights on how to raise those you have set before me to lead
2. We ask for peace and peaceful co-existence within our cities, state and nation.
3. Lord I ask that you fill my heart up with supernatural courage

3:00pm- 6:00pm or 3:00am-6:00am

1. I ask that your Holy Spirit sanctify us individually and as a family, for the joy of working together to glorify you and your church.
2. Lord, show us the path to service, heal any fractures in our relationship now or in the future, and build a hedge of protection around us
3. Lord bring us closer together as a church family, emotionally and spiritually for the good of those whose lives we touch, and for the greater good of humankind.

DAYS 8

(August 15)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION:

Ephesians 1:17 Deuteronomy 29:29; Hebrews 10:24-25 Ephesians 4:2-3; Psalm 34:17-18 Psalm 1:1-3; Genesis 3:8 2 Samuel 6:2 John 14:16;

PRAYER

1. Open my eyes lord to recognize the helping hands of favor you have sent around me
2. Father we pray for our eyes to be opened for understanding to the systems of heaven so they can be established in our nation.

9:00am- 12:00pm or 9:00pm-12:00am

1. We ask for more of God's presence and power at work in the church;
2. Pray for heavenly encounters and testimonies in this season.
3. Thank the father for the gift of life today and for the breath that sustains life.

12:00pm- 3:00pm or 12:00am-3:00am

1. We pray for breakthrough for the body of Christ in our nation and for unity and spiritual growth.
2. Father we ask you to give us illumination and revelation to overtake in every sphere of influence in our society.

3:00pm- 6:00pm or 3:00am-6:00am

1. **Pray the lord to be in total and complete control of your life today.**
2. Pray that the Lord will reveal to you any area you believe a lie in your heart and help you replace them with truth today.
3. Pray that you will be taken into a deeper, more meaningful relationship with God, and that you will grow in faith and hear his voice within your soul.

DAYS 9

(August 16)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION:

**Psalms 16:11 Jeremiah 29:13; Romans 8:28
Proverbs 15:28; 1 Peter 3:10 Proverbs 15:4;
Romans 13:1-7 Psalm 22:28**

1. We pray for breakthrough for the body of Christ in our nation and for unity and spiritual growth
2. We pray the father to give illumination and revelation to overtake every sphere of influence in our society

9:00am- 12:00pm or 9:00pm-12:00am

1. *Lord Give me clear revelation to see myself the way you see me.*
2. *Lord, I pray that you would open my heart that I might be fully alive to my true identity in you.*
3. *Lord I also ask that families will begin to align with the heart of father God.*

12:00pm- 3:00pm or 12:00am-3:00am

1. We ask for more of God's presence and power at work in the church; pray for heavenly encounters and testimonies in this season
2. We pray for your kingdom to come and your will to be done, invade the spaces of darkness in our nation
3. *Father, I bring the needs of our government before you and ask you to bless our nation through godly leaders.*

3:00pm- 6:00pm or 3:00am-6:00am

1. Lord thank you for the joy and peace that reigns in our hearts as we rest and abide in the Lord Jesus Christ.
2. Lord Keep me abiding in your love day by day so that your joy in my life may be full
3. Lord infuse me with joy that supernatural strength will be available to me to do exploits in this season

DAYS **10**

(August 17)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

Ephesians 1:16-18 (NLT), Colossians 1:9-11; 1 Thessalonians 5:16-24, Rom 15:13; 1 Thessalonians 5:23-24, 1 John 1:7-9; Philippians 4:7, 1 John 1:7, 2 Corinthians 5:17

1. Lord I ask for a greater measure of revelation and insight of the spirit to grow in knowledge of God
2. Father we pray for our eyes to be opened for understanding to the systems of heaven so they can be established in our nation.

9:00am- 12:00pm or 9:00pm-12:00am

1. We pray for increase in joy and peace and that we may overflow with hope by the power of the Holy Spirit
2. Lord I ask that you fill me with joy and hope in area I am losing grip of my dreams
3. I thank Lord for your grace, mercy, protection and provision over my life.

12:00pm- 3:00pm or 12:00am-3:00am

1. Father, today I ask you purge me of anything displeasing to you.
2. I ask to be a vessel fitted, ready, filled and useful for the glory of God.
3. I make myself available to you, yielding to any good work.
4. I offer myself fully to you spirit, mind and body, make me a vessel of honor today

3:00pm- 6:00pm or 3:00am-6:00am

1. Father flood my heart with Your perfect peace that passes understanding and may I be immersed in Your joy, knowing that the joy of the Lord is my strength for today and my bright hope for tomorrow.
2. **Thank you father for your forgiveness love and grace you've offered through the gift of new life in you.**
3. Lord Help me to be quick to forgive as soon as hurt comes my way and to be able walk away from offense.

DAYS **11**

(August 18)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

Isaiah 12:3, Isaiah 60:18; Hebrews 4:16, Psalm 42:2; Psalm 148, Psalm 150; Isaiah 62:4-5, Jer 29:7

1. Lord I ask that flood my heart with testimonies of your goodness again as I worship your name
2. Pray for the joy of salvation to meet the lost in your family, workplace and community
3. We pray that gladness and rejoicing will be in our nation continually, we pray that Nigeria will be called Joy and her peoples called gladness.

9:00am- 12:00pm or 9:00pm-12:00am

1. Lord as I come before your presence, I ask that there would be a fulfillment of all that is written in my book. I repent in any place I have walked contrary to what is in my book.
2. I take up my cross and follow hard after you lord I do this by your grace may I obtain before this court a good testimony as I by faith walk in

obedience towards you.

3. I declare that I am steadfast of mind and God keeps me daily flowing with joy and perfect peace because I trust in Him

12:00pm- 3:00pm or 12:00am-3:00am

1. Thank the Lord for the grace to continue walking in faith; ask the Holy Spirit for the faith to face all your fears and challenges with courage this year.
2. Ask the Lord for the grace to stay committed to His word as you wait upon Him; declare that in the face of opposition, your faith will not waver.
3. Declare that by faith, every mountain before you moves and every valley is filled to the glory of God

3:00pm- 6:00pm or 3:00am-6:00am

1. We pray that gladness and rejoicing will be in our nation continually.
2. We pray that Nigeria will be called Joy and her peoples called gladness.

DAYS **12**

(August 19)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION

Matthew 16:24-26, Acts 26:18; Acts 4:30 Psalm 139:16; 2 Tim 1:6, 1Tim 2:2; Isaiah 53:12, Eph 6:18

1. I take up my cross and follow hard after you lord I do this by your grace may I obtain before this court a good testimony as I by faith walk in obedience towards you
2. Lord I ask that flood my heart with testimonies of your goodness again as I worship your name
3. Pray for the joy of salvation to meet the lost in your family, workplace and community

9:00am- 12:00pm or 9:00pm-12:00am

1. Ask the Lord for the grace to stay committed to His word as you wait upon Him; declare that in the face of opposition, your faith will not waver.
2. Declare that by faith, every mountain before you moves and every valley is filled to the glory of God

3. Father I pray that there would be a fulfillment of all that is your intent and purpose as written in my book.

12:00pm- 3:00pm or 12:00am-3:00am

1. Pray for a greater measure of the gifts of revelation upon the church family
2. Pray for governmental leaders to have dreams from God like those described in the Bible during the times of Joseph and Daniel.
3. We pray in this season that Jesus shall be the desire of our nation, flood our city with your presence

3:00pm- 6:00pm or 3:00am-6:00am

1. Pray that more people will begin to catch a revelation for intercession in our church family who will intercede for the soul of our Nation.
2. Pray for the church leaders, ask for guidance, grace, wisdom and the courage to serve in this season

DAYS **13**

(August 20)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION.

1 Sam 12:23, 1kings 13:6; Psalm 2:10-11, Prov 21:1 Job12:23-25; Psalm 9:1 Gal 2:20; Psalm 7:17 Psalm 69:30

1. *I pray for the members of the Senate and the House of Representatives to find your peace and direction, and for these men and women to act and lead according to your Word.*
2. *A house divided against itself cannot stand, therefore, I pray for them to be unified in righteousness for the sake of the nation.*
3. *I pray for your protection to cover all our law enforcement officers and the men and women of the military.*

9:00am- 12:00pm or 9:00pm-12:00am

1. *I pray, in the Name of the Lord Jesus, for our president, the vice president, all the Cabinet and the chief justice and associate justices of the*

Supreme Court to receive the wisdom of God, to act in obedience to that wisdom and for the power of God to flow in their lives.

2. *I ask for godly counsel and wisdom for judges across this land. In the Name of Jesus,*
1. *I pray that you and your kingdom of righteousness be manifested in the hearts of all those who are in authority in any way.*

12:00pm- 3:00pm or 12:00am-3:00am

1. Lord I thank you for the opportunity to come before you I bless you for counting enabling me experience your grace and mercy today.
2. *Lord, I pray that you would unlock my heart that I might be fully alive to my true identity in you. Give me clear revelation to see myself the way you see me.*

3:00pm- 6:00pm or 3:00am-6:00am

1. Lord we thank you for the wonderful deeds you do in our lives daily
2. We thank you new ideas and opportunities daily show to us

DAYS 14

(August 21)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION.

**Eph 3:16-17 Rom 13:8; Proverbs 10:4 Duet 8:18;
Jer 29:13 Psalm 121:1; Psalm 16:6 Eph 1:18**

Lord I pray that my life would be filled and overflowing with the power of your love today so I can make a difference in the marketplace and bring honor to you

Father I pray that the love of Christ will show up as I interact with others wherever I go.

9:00am- 12:00pm or 9:00pm-12:00am

1. Oh Lord, baptize me with the generous spirit of a cheerful giver who gives out of love and not out of compulsion.
2. Pray that the Lord will make you filled with joy and commitment for the expansion of God's Kingdom in Jesus name.

12:00pm- 3:00pm or 12:00am-3:00am

1. God we seek Your Face, to know you and be known by you. We want to hear your heart clearly and experience greater measures of your love
2. Give us eyes to see, ears to hear, and a mind to know you more, that we might love those around us more fully and freely, as you love them.

3:00pm- 6:00pm or 3:00am-6:00am

1. Celebrate the Lord for the gift of life and for all the wondrous works He has done for you; pray that as you wait on Him today, your lines will fall in pleasant places.
2. Father enlighten my heart and fill me with hope so I can step into your inheritance for me

DAYS **15**

(August 22)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION.

Phil 2:3-4 Heb 12:14; 1 cor 10:13 Rom 12:1-2; Dan 2:21 Rom 13:1; John 14:6 Psalm 40:2

1. Lord enlarge of our ability to see and value others the way you do
2. Lord, you are the ultimate example of humility in that you gave your life on the cross for us. We want to be like you in character, heart, nature and to walk in your spirit of humility in all that we do.

9:00am- 12:00pm or 9:00pm-12:00am

1. Pray and ask the Lord for strength to resist temptation.
2. Father, in the name of Jesus, mould my life to be like that of Jesus Christ, let my being be conformed to his being.

12:00pm- 3:00pm or 12:00am-3:00am

1. *We pray for our government officials as they weigh the pros and cons of each constituent's request. Give them wisdom on how to best represent everyone.*
2. *Father, we also ask that you give our leaders courage so that even when it's hard, they would continue to boldly represent their constituents' needs and those of the most vulnerable*
3. *I desire your passion for justice to be seen in our nation. Lord, are just in your nature and person.*

3:00pm- 6:00pm or 3:00am-6:00am

1. *Pray for the salvation of the lost in your family, workplace and community.*
2. *Pray for the word to increase by the release of God's power to win unbelievers to Jesus.*
3. *Pray that God would open a door of evangelism through releasing His power on the word.*

DAYS **16**

(August 23)

6:00am- 9:00 am or 6:00pm-9:00pm

SCRIPTURES FOR MEDITATION.

**1 Peter 3:8 Phil 2:2; Psalm 42:1-2 Isaiah 65:24;
Prov 1:7 Prov 4:6-7**

1. Pray for the unity of the body of Christ in your Nation.
2. Father, in the name of Jesus, show me your glory, and let your presence overflow over the church in our nation

9:00am- 12:00pm or 9:00pm-12:00am

1. Pray for intimacy with Father God.
2. Pray and ask the Holy Spirit to baptize you with fresh fire.

12:00pm- 3:00pm or 12:00am-3:00am

1. Fill us with your wisdom and understanding as we sift through the many strains and disagreements we face.

2. Lord deepen the bond of fellowship within the body of Christ and may our hearts be knit together in love – in Christ Jesus.
3. Forgive us for the times when our fleshly natures has broken or damaged the precious relationship we have with each other

3:00pm- 6:00pm or 3:00am-6:00am

1. Lord, help us to come to you moment by moment, day by day, and surrender all our difficulties to you.
2. Pray for God's love to abound in your heart resulting in discernment and righteousness.
3. Father, open our spiritual eyes in our church family that we may see what is our inheritance in you and the glory of my calling.

DAYS **17**

(August 24)

SCRIPTURES FOR MEDITATION

Ephesians 1:19 Colossians 1:9-13 John 17:21-23 Psalms 90:17 1 Timothy 1:7

6:00am- 9:00 am or 6:00pm-9:00pm

1. Pray to be equipped and prepared to receive the fullness of God's destiny for the church.
2. Pray to know God's will to be fruitful in ministry and strengthened by intimacy with God.
3. Pray for the release of the Holy Spirit's power to come upon our church Family unto mature holiness.

9:00am- 12:00pm or 9:00pm-12:00am

1. Father, cause the light of your work in our lives to shine to all that your name alone will be glorified in Jesus perfect name. Amen
2. Lord we pray that this season will be a period of

more bonding and fellowship in the church family

3. Thank God for His favour upon your career and business; declare that you will flourish and be a thousand times more in all your endeavours.

12:00pm- 3:00pm or 12:00am-3:00am

1. I praise you with every breath you have given me.
2. *Lord I ask that you help me recognize my gifts and abilities and pray for wisdom to remain faithful in your service.*
3. Give me personal insights on how to raise those you have set before me to lead

3:00pm- 6:00pm or 3:00am-6:00am

1. I praise you for your acts of power and greatness,
2. Lord I declare that God has not given me a spirit of fear. He gives me power, love, and self-discipline.
3. *Intercede for all believers in the church struggling to find a place to serve with their gifts and abilities; pray that God will grant them favor.*

DAYS **18**

(August 25)

SCRIPTURES FOR MEDITATION

**1 Thessalonians 5:23-24 John 17:21-23 Psalms
139:7-12 Colossians 3:5-10 Proverbs 3:5-10
Psalms 72:1-7**

6:00am- 9:00 am or 6:00pm-9:00pm

1. Lord, show us the path to service, heal any fractures in our relationship now or in the future, and build a hedge of protection around us
2. Lord bring us closer together as a church family, emotionally and spiritually for the good of those whose lives we touch, and for the greater good of humankind

9:00am- 12:00pm or 9:00pm-12:00am

1. Thank you Father that no matter where our hearts are you are always reaching out to love us unconditionally! You are the ultimate example of love and we are so grateful for that!
2. I ask that your Holy Spirit sanctify us individually and as a couple, for the joy of working together to glorify you and your church.

3. *I pray that today I shine as light, no condemnation, guilt or shame shall come near me.*

12:00pm- 3:00pm or 12:00am-3:00am

1. Lord I ask for wisdom to be productive and committed in my sphere of influence and as I continue today I ask that you help me build my work and business on Christ the solid rock.
2. Declare that your trust will remain in the Lord alone; ask Him to guide you in your career and business to escape partnerships which will bring losses.
3. Pray that the Lord will help you to go about your business with godly principles and wisdom, and not with worldly wisdom.

3:00pm- 6:00pm or 3:00am-6:00am

1. Ask the Lord to anoint the leaders in your country with wisdom to deal with every social, economic and political issue that hinders national development.
2. I Commit the nation to the Lord and ask Him to raise leaders anointed with unique gifts and skills to drive economic development.
3. Lord we ask that you clothe our nation with power from on high and anoint us for victory in Jesus' name

DAYS **19**

(August 26)

SCRIPTURES FOR MEDITATION

**Acts 4:29-30 Zachariah 12:10 Luke 3:21-22 Acts
11:15-16 Ezekiel 36:25-27 Psalms 102:13**

6:00am- 9:00 am or 6:00pm-9:00pm

1. I Pray and ask that you fill each member of my family with strength to accomplish His purpose in their lives.
2. Lord I ask for a massive outpouring of your anointing upon the church;
3. I declare that the body of Christ will grow mightily and prevail over every work of the devil

9:00am- 12:00pm or 9:00pm-12:00am

1. **Lord by your mercy I ask that you open the courts of Heaven to me** shine His light of conviction on any areas where I have missed the mark or areas where you stepped across a line; or an activity against God that is in the bloodline.
2. I Intercede for every member of my family today and ask the Lord to anoint them with the Holy

Spirit and with power to do His will.

12:00pm- 3:00pm or 12:00am-3:00am

- 1 Pray for a massive outpouring of the Holy Spirit into the body of Christ and ask God to renew the hearts and minds of every believer across the nation.
- 2 Pray for the righteousness of God to be exalted over all the nations of the world as we dedicate them to Him today.
- 3 Thank God for a nationwide consecration as we commit every town, city, and region to Him; pray that people will have divine encounters as they go about their daily lives.

3:00pm- 6:00pm or 3:00am-6:00am

- 1 Surrender the work of your hands to the Lord and dedicate to Him every office space and equipment you use in executing your tasks.
- 2 Receive God's grace and wisdom to positively influence decisions and persuasions in the marketplace.
- 3 Ask the Lord to connect you to your destiny helpers and partners who will help you grow in productivity in your career or business.

DAYS **20**

(August 27)

SCRIPTURES FOR MEDITATION

**2 Corinthians 4:16-18 Romans 12:1-2 Psalms
2:1-2 Jeremiah 29:7 Isaiah 62:6-7
Colossians 4:3-4**

6:00am- 9:00 am or 6:00pm-9:00pm

1. Dedicate your entire family to God today and ask Him to set them apart unto Himself; pray that your family will experience a supernatural turnaround in Jesus' name.
2. Ask God to renew the minds, thoughts and ideas of every member of your family from worldly and temporary things and set them on eternal and godly things that bring Him honor.

9:00am- 12:00pm or 9:00pm-12:00am

1. Ask the Lord to consecrate the church and lead her in righteousness and purity; pray that every believer will desire to live a holy and acceptable life unto Him.
2. Lord we thank you for your love over our nation

and pray that you will stir up peace of our country's polity.

3. We glorify you for all the blessings you have prepared for our nation as we lift our voices today; declare that every plot of chaos, war and disaster will not prosper in Jesus' name

12:00pm- 3:00pm or 12:00am-3:00am

Father we praise you today for our nation today and ask for your peace

We pray that the Holy Spirit will saturate the body of Christ in our nation and cause believers to hold fast to the gospel in Jesus' name.

Pray that Christian missionaries in our nation will remain committed to their work and that the Lord will deliver them from afflictions, persecutions and tribulations.

3:00pm- 6:00pm or 3:00am-6:00am

Pray that the name of the Lord shall be lifted up in every continent of the world;

Ask the Lord to release his Spirit of favour in areas where Christianity is being persecuted.

Dear Holy Spirit, I ask you to release a fresh flow of dreams in the night and visions in the day. Help me to take the limitations off my imagination.

DAYS 21

(August 28)

SCRIPTURES FOR MEDITATION

Psalms 40:1-3 Romans 15:13 Philippians 1:9-10 1Thessalonians 3:11-12

6:00am- 9:00 am or 6:00pm-9:00pm

Ask Him to establish your feet in the path of righteousness, to live by His principles in integrity and in faith.

Pray that as you wait on the Lord today, you will grow in faith and confidence in His word.

Father, in the name of Jesus, renew thy Holy Spirit in me, help me to be spiritually sensitive to the direction of the Holy Spirit.

9:00am- 12:00pm or 9:00pm-12:00am

Father today, I receive grace to become an instrument unto honor help me to proclaim the gospel.

Father, in the name of Jesus, sanctify me by the knowledge of your word, let your word mold, transform, build me for thy word is truth.

Bless the Lord for His abiding presence in your life and

declare that His praises shall continually be in your mouth.

12:00pm- 3:00pm or 12:00am-3:00am

Celebrate the Lord for all the wondrous things He is about to do in your family; declare that His presence will overshadow every member of your family.

Thank God for the opportunity to daily come before Him as a family; affirm that God's love will bind your family together and give you peace even in the midst of storms.

Thank God for the opportunity to come before Him as a Church in fasting and prayer; declare that the Holy Spirit will stir the hearts of many unto total consecration and devotion to God.

3:00pm- 6:00pm or 3:00am-6:00am

Praise the Lord for strengthening you to overcome all the trials and tribulations in your life.

Thank Him for preserving you through the stormy and valley moments.

Thank God for His mighty hand upon all the nations of the world; declare that He will reign in the affairs of governments and establish His will in all corridors of power.

DAYS **22**

(August 29)

SCRIPTURES FOR MEDITATION

**Ephesians 1:16-18 Romans 12:1-2 Matthew
6:13 Matthew 5:14-16**

6:00am- 9:00 am or 6:00pm-9:00pm

1. *Lord help us with your spirit of wisdom and better revelation in the knowledge of you, help us to have a rich understanding of who you are*
2. *Father, in the name of Jesus, let the zeal of your kingdom fall upon me heavily and make me a tool for the kingdom expansion*

9:00am- 12:00pm or 9:00pm-12:00am

Lord we thank you for the opportunity to serve with gifts and abilities we ask for favour and open doors to be productive and a blessing to many.

We pray against every temptation or negative influences in the marketplace that has the ability to corrupt and derail one from living a life of integrity and service to God. Thank God for counting you worthy to serve Him with all your heart and soul.

12:00pm- 3:00pm or 12:00am-3:00am

Pray that the knowledge you receive as you seek the Lord, through His word, fellowship, listening to others and as you go through the day; will bring a level of freedom for yourself, your family, the church and nation.

Pray that the goodness and beauty of God's light will be seen in you, in your family and in the church of Christ this week.

Pray that as the light of God shines out of your life those who do not know Him will desire to know Him, praise and revere Him.

3:00pm- 6:00pm or 3:00am-6:00am

1. *I pray for your protection to cover all our law enforcement officers and the men and women of the military.*
2. *I ask for godly counsel and wisdom for judges across this land. In the Name of Jesus,*
3. *I pray that you and your kingdom of righteousness be manifested in the hearts of all those who are in authority in any way.*

DAYS **23**

(August 30)

SCRIPTURES FOR MEDITATION

Zechariah 4:9 Psalms 19:13-14 Exodus 35:35

Romans 5:13 Psalms 19:14

6:00am- 9:00 am or 6:00pm-9:00pm

1. Prophecy new beginnings in every area of your life; claim the anointing to start and to finish well in all your endeavors.
2. I dedicate your thoughts, words and actions to Him; consecrate your life to Him.
3. Thank God for your salvation through Christ and the privilege of a covenant

9:00am- 12:00pm or 9:00pm-12:00am

1. pray for divine ideas to flood the hearts of our youths
2. Pray that all those called into this sphere will begin to develop teachable spirits
3. Pray that the entrepreneurs who are hidden will begin to see light and that they be uncovered.

12:00pm- 3:00pm or 12:00am-3:00am

1. Ask God to help you overcome your doubts and anxieties as you study His word so your faith will grow from strength to strength
2. Pray for the leading of the Holy Spirit as you fellowship with Him in fasting and prayer
3. Ask the Lord to help you live by faith and not by sight according to His Word.

3:00pm- 6:00pm or 3:00am-6:00am

1. Ask the Holy Spirit to guide you through the scriptures and reveal the love of God and His purpose to you each day.
2. Thank God for His faithfulness and loving-kindness towards you and your family. Protection
3. Ask the Lord to guard your thoughts and your tongue against negativity

DAYS 24

(August 31)

SCRIPTURES FOR MEDITATION

**Psalms 29:1-5 Colossians 3:12 Hebrew
10:7 Matthew 9:35-38 Ephesians 3:14-19**

6:00am- 9:00 am or 6:00pm-9:00pm

1. Ask the Lord for an encounter with the Holy Spirit as you set apart these days to seek His face.
2. Declare that you will possess every blessing the Lord has prepared for you in this season
3. Pray that as you devote yourself to study God's word, the eyes of your understanding will be enlightened to know God's will and purpose for your life.

9:00am- 12:00pm or 9:00pm-12:00am

1. Pray that as you wait on God this year, your strength shall be renewed and you will mount up with wings like the eagle.
2. Ask God to renew your commitment, compassion and love for lost souls around you and the dying world.

3. Thank God for His love for you. Acknowledge Him as your Heavenly Father who is able to meet all your needs.

12:00pm- 3:00pm or 12:00am-3:00am

Father we pray that the voice of peace, rejoicing, singing, and joy will be heard this season in every field of endeavor, and that the voice of depression, gloom, sadness will be drowned out completely:

Lord I thank you for your Love and compassion for mankind that moved Him to come and die for us on the cross, and rise again on the third day, victorious over death, hell, and the grave. Pray and appropriate the benefits of the cross and of the resurrection.

Pray for illumination and knowledge where there has been ignorance of His purposes for your life, for the church and nation.

3:00pm- 6:00pm or 3:00am-6:00am

Lord I bless you for your grace and mercy and I thank you for the opportunity to come before you today.

Lord, I pray that you would open up my heart that help me fully see Give me clear picture of myself today. Let me live out the script you have for me today

We pray, for the executive arm of government in our nation to receive the wisdom of God today, to act in line with the wisdom and power of God

DAYS 25

(September 1)

SCRIPTURES FOR MEDITATION

**1 Timothy 2:1-2 Deuteronomy 29:29 Psalms
72:1-5 1 Thessalonians 5:23 Colossians 3:13-17**

6:00am- 9:00 am or 6:00pm-9:00pm

1. *We pray, for the executive arm of government in our nation to receive the wisdom of God today, to act in line with the wisdom and power of God*
2. *I ask for godly counsel and wisdom for judges across this land. In the Name of Jesus,*
3. *I pray that you and your kingdom of righteousness be manifested in the hearts of all those who are in authority in any way*

9:00am- 12:00pm or 9:00pm-12:00am

1. *I pray for the members of the Senate and the House of Representatives to find your peace and direction, and for these men and women to act and lead according to your Word.*
2. *I pray for your protection and direction to cover all our law enforcement officers and the men and women of the military.*

3. *Thank you father because you are taking control of the forth coming election.*

12:00pm- 3:00pm or 12:00am-3:00am

1. *Lord, I pray that you would open up my heart that help me fully see Give me clear picture of myself today. Let me live out the script you have for me today*
2. **Thank you father for your forgiveness love and grace you've offered through the gift of new life in you.**
3. **Lord I pray that my life would be filled and overflowing with the power of your love today so I can make a difference in the marketplace and bring honor to you.**

3:00pm- 6:00pm or 3:00am-6:00am

1. Lord Help me to be quick to forgive as soon as hurt comes my way and to be able walk away from offense
2. Father, I purge myself of everything displeasing to you. I want to be a vessel fitted, ready, filled and useful for the glory of God. I make myself available to you, fit and ready for any good work. I offer myself fully to you spirit, mind and body, make me a vessel of honor today
3. I lift up my family, fellow believers, my government and my business to you. Show me through your word how to honor others and live honorably.

DAYS **26**

(September 2)

SCRIPTURES FOR MEDITATION

**Psalms 100 Proverbs 3:3-7 Isaiah 54:2-4 Job
38:12-13 Psalms 24:1-10**

6:00am- 9:00 am or 6:00pm-9:00pm

1. Surrender the work of your hands to the Lord and dedicate to Him every office space and equipment you use in executing your tasks.
2. Receive God's grace and wisdom to positively influence decisions and persuasions in the marketplace.
3. Ask the Lord to connect you to your destiny helpers and partners who will help you grow in productivity in your career or business.

9:00am- 12:00pm or 9:00pm-12:00am

1. Lord I bless you for your grace and mercy and I thank you for the opportunity to come before you today.
2. Pray for a massive outpouring of the Holy Spirit into the body of Christ and ask God to renew the hearts and minds of every believer across the nation.
3. Pray for the righteousness of God to be exalted over

all the nations of the world as we dedicate them to Him today.

12:00pm- 3:00pm or 12:00am-3:00am

1. *I repent for placing boundaries and barriers around my dreams, only conceiving of things that I can accomplish in my own ability or strength. Connect me, Holy Spirit, with the dreams that only Christ in me can bring to pass!*
2. *Even now, Holy Spirit, I ask you to release a fresh flow of dreams in the night and visions in the day. Help me to take the limitations off my imagination.*
3. *Lord today release me from any fear of dreaming, and I ask you to connect me with the very purposes you've written on my heart through the conduit of dreaming.*

3:00pm- 6:00pm or 3:00am-6:00am

1. Thank God for a nationwide consecration as we commit every town, city, and region to Him; pray that people will have divine encounters as they go about their daily lives.
2. *Lord grant me understanding, to accomplish, and to fulfill what has been written concerning me.*
1. *I repent for embracing anything in my life that has hindered or even extinguished the ability to dream.*

DAYS **27**

(September 3)

SCRIPTURES FOR MEDITATION

**Psalms 92:1-5 Psalms 12:14 Revelations
5:11-14 Colossians 3:16 John 3:16
2Corinthians 10:3-5**

6:00am- 9:00 am or 6:00pm-9:00pm

1. *Celebrate the Lord for His good plans for you and your family; thank Him for delivering your family from evil and giving you victory over every limitation.*
2. *Thank God for the joy He has bestowed upon you and your family this year of Thrive; declare that the joy of the Lord will strengthen and keep you continually, the forth coming year of stretch.*

9:00am- 12:00pm or 9:00pm-12:00am

1. *Praise the Lord for all the miracles, signs and wonders He has prepared for the*
2. *We thank God for His love over our country and pray that He will continue to establish peace in our nation*

3. *Glorify God for all the blessings He has prepared for the nation in this season we declare that every plot of chaos, war and disaster will not prosper in Jesus' name.*

12:00pm- 3:00pm or 12:00am-3:00am

1. Thank the lord for his salvation through Christ which gives you the privilege to be reconciled to Him.
2. Bless the Lord for His eternal wisdom and power in redeeming humanity from eternal condemnation.
3. Ask the Lord to help you guard your dreams, vision and desires from every wrong beliefs and lies.

3:00pm- 6:00pm or 3:00am-6:00am

1. Ask the Lord for wisdom and guidance concerning all your daily decisions, choices and actions you will take the year of stretch.
2. Give thanks and praise to God the Father for manifesting His love to the world through His son Jesus Christ our Savior.
3. Pray that the word of God will dwell in you richly

DAYS **28**

(September 4)

SCRIPTURES FOR MEDITATION

Philippians 4:7 3John 1:2 Colossians 3:8-10 1Corinthians 2:15-16

6:00am- 9:00 am or 6:00pm-9:00pm

1. Exalt the Lord and worship Him for the victory of the cross and His saving grace for all flesh.
2. Thank God for the exceeding manifestation of all you have asked and prayed for this season of fast.
3. Bless the Lord for manifesting His power, His presence, glory and love to the world through the Church.

9:00am- 12:00pm or 9:00pm-12:00am

1. Ask the Lord to guide your feet away from the paths of unrighteousness and protect you against evil associations.
2. Pray that the Body of Christ will walk in holiness, without blemish; ask God to sanctify the Church and make her the voice of hope to the World.
3. Pray for special open doors for the gospel in the

corridors of power in all the nations of the world

12:00pm- 3:00pm or 12:00am-3:00am

1. Ask the Lord for His help to guard your heart and mind with God's word.
2. Resist every defiling thought of immorality, wickedness and worldliness the enemy may want to sow in your mind during the fast.
3. Ask that the mind of Christ be formed in you

3:00pm- 6:00pm or 3:00am-6:00am

1. Pray that you will walk in ever-increasing health as the days go
2. Pray *that I will rise to a position of honor, dignity and influence for kingdom purpose in Jesus' name.*
3. Pray *that you will increase in wisdom that will enable you sit with kings*

DAYS **29**

(September 5)

SCRIPTURES FOR MEDITATION

Colossians 1:9-12 Ephesians 3:15-19
2Corinthians 9:8 2Corinthians 5:18-19
John 1:4-5

6:00am- 9:00 am or 6:00pm-9:00pm

1. Pray that you will walk in a manner worthy of the Lord, pleasing Him in all respects, and that you will bear fruit in every good work and that you will increase in the knowledge of God.
2. Pray for strength with all power according to His might for the year of stretch.
3. Father God make all grace abound toward our nation so that we always have all sufficiency and abundance

9:00am- 12:00pm or 9:00pm-12:00am

1. Lord, open our eyes to see lost souls in need of salvation everywhere we turn.
2. We pray for sensitivity to see, hear, and perceive needs in the hearts of people around us just like

God does

3. Father, grant us boldness to knock at every seeking door in our society to yield to your calling

12:00pm- 3:00pm or 12:00am-3:00am

1. We pray that all men are lifting up their hands to God in total surrender, seeking him as the finality of their life.
2. We pray that we shall knock at right doors and they will open to us in Jesus name.
3. We ask that our eyes be opened to see wide spread of the gospel being preached in our societies.

3:00pm- 6:00pm or 3:00am-6:00am

1. We pray against deceptions of any kind. None of us will be deceived in any area of life: Relationship, Business, Education, Politics, ect
2. We declare that no darkness thrives around us. We have the spirit of the knowledge and the wisdom of God.
3. We pray for the spirit of wisdom and knowledge to know all things like God.

DAYS **30**

(September 6)

SCRIPTURES FOR MEDITATION

**Hebrews 8:10-11 2Timothy 4:5 Psalms 2:8
2Corinthians 4:3-6 John 1:4-5**

6:00am- 9:00 am or 6:00pm-9:00pm

1. We pray today that all men are lifting up their hands to God in total surrender, seeking him as the finality of their life.
2. Oh Lord, fill us with compassion for the lost and help us to see the harvest needs of the kingdom.
3. We declare that we are consumed with the passion of Christ for the los

9:00am- 12:00pm or 9:00pm-12:00am

1. We ask for the souls of men to seek God in our nation, we declare that daily see the kingdom harvest all around us.
2. We also pray that people will begin to experience encounters with God everywhere and every day in our nation

12:00pm- 3:00pm or 12:00am-3:00am

1. We pray and break every darkness, blindness over the minds of unbelievers. We pray that their eyes are open to see the light of the gospel of God in Jesus name, Amen.

We declare that the light of God is shining so bright that it is penetrating into the hearts of unbelievers without hindrances.

O Lord, give us the nations of Africa. Let Africa be yours. Let Africa be an extension of Heaven here on earth. Father, let Africa become the Kingdom of our God

3:00pm- 6:00pm or 3:00am-6:00am

Father, please enroll me as one of your harvesters, evangelist and helper whose job is to help people find your kingdom with my talent, time and treasure

I declare today with my hands on my chest that, I am a harvester, enrolled by God to fill his kingdom with men. I declare that I am a sign post who daily point people to the kingdom. This I do daily with my talent, time and treasure

We declare that Africa is yours oh Lord. We declare that living in Africa is become living in heaven because your kingdom has so much invaded Africa in Jesus name.

DAYS **31**

(September 7)

SCRIPTURES FOR MEDITATION

**Ephesians 4:13-15 Ephesians 6:10-18
Joshua 1:8-9**

6:00am- 9:00 am or 6:00pm-9:00pm

1. We pray for every undisciplined believer today, that none of them will fall for the tricks of the devil.
2. We pray for strength and courage to be planted in them and ask that no human philosophy, no wind will be able to toss them here and there
3. We declare that we are fully kitted in God's armor.

9:00am- 12:00pm or 9:00pm-12:00am

1. Father, every day of our live, clothe us in your armor and hide us away from the schemes of the enemy of our soul.
2. We pray that we will be defeated because greater is He who lives in us than the devil who prowls around us
3. We declare that we are firm, immovable and we are always abiding in the grace of God, not

yielding to temptations and never turning our hearts against our God

12:00pm- 3:00pm or 12:00am-3:00am

1. We pray that the word of God projected into the unbeliever's heart has enough soil, and nutrient to sustain him.
2. We reject every distorted views of the gospel in the lives of the unbelievers
3. We declare that, no devil can snatch the word of God out of the souls of men.

3:00pm- 6:00pm or 3:00am-6:00am

1. We ask for the souls of men to seek God in our nation. We also pray that people will begin to experience encounters with God everywhere and every day in our nation.
2. We pray that everyone meet with us we have God encounter.
3. I pray for my beliefs to begin to align to the word of God that I will be a living epistle to other to read

DAYS **32**

(September 8)

SCRIPTURES FOR MEDITATION

Proverbs 3:13 Philippians 1:9; James 3:17 Daniel 5:14; 1 Corinthians 10:13 Philippians 1:9-11; John 14:26 1 John 2:6

6:00am- 9:00 am or 6:00pm-9:00pm

1. Pray to be equipped and prepared to receive the fullness of God's destiny for the church.
2. Pray to know God's will to be fruitful in ministry and strengthened by intimacy with God.

9:00am- 12:00pm or 9:00pm-12:00am

1. Pray and ask the Holy Spirit to baptize you with fresh fire.
2. Pray and ask the Lord for your portion of the

12:00pm- 3:00pm or 12:00am-3:00am

1. Pray and ask the Lord for strength to resist temptation.
2. Pray for God's love to abound in your heart

resulting in discernment and righteousness.

12:00pm- 3:00pm or 12:00am-3:00am

1. Pray for the unity of the body of Christ in your Nation.
2. Father, in the name of Jesus, show me your glory, and let your presence overflow over the church in our nation.

Father, in the name of Jesus, mold my life to be like that of your son Jesus Christ, let my being be conformed to his being

Pray for intimacy with Father God.

DAYS **33**

(September 9)

SCRIPTURES FOR MEDITATION

**1 Thessalonians 5:23 Romans 12:1; Matthew 22:37,
1 Thessalonians 5:18; Acts 1:8 Psalm 4:3 2
Chronicles 29:31-33 Ephesians 4:7**

6:00am – 9:00am or 6:00pm – 9:00pm

1. Dedicate your entire family to God today and ask Him to set them apart unto Himself; pray that your family will experience a supernatural turnaround in Jesus' name.
2. Ask God to renew the minds, thoughts and ideas of every member of your family from worldly and temporary things and set them on eternal and godly things that bring Him honour.
3. Ask the Lord to consecrate the church and lead her in righteousness and purity; pray that every believer will desire to live a holy and acceptable life unto Him.

9:00am – 12:00pm or 9:00pm – 12:00pm

1. Lord we thank you for your love over our nation and pray that you will stir up peace of our country's

polity.

2. We glorify you for all the blessings you have prepared for our nation as we lift our voices today; declare that every plot of chaos, war and disaster will not prosper in Jesus' name

12:00pm – 3:00pm or 12:00am - 3:00am

1. Surrender the work of your hands to the Lord and dedicate to Him every office space and equipment you use in executing your tasks.
2. Receive God's grace and wisdom to positively influence decisions and persuasions in the marketplace.
3. Ask the Lord to connect you to your destiny helpers and partners who will help you grow in productivity in your career or business.
4. Pray for a massive outpouring of the Holy Spirit into the body of Christ and ask God to renew the hearts and minds of every believer across the nation.
5. Pray for the righteousness of God to be exalted over all the nations of the world as we dedicate them to Him today.
6. Thank God for a nationwide consecration as we commit every town, city, and region to Him; pray that people will have divine encounters as they go about their daily lives.

DAYS 34

(September 10)

SCRIPTURES FOR MEDITATION

Isaiah 43:19 Isaiah 54:17 Isaiah 60:1 Jeremiah 29:11; Romans 8:14 Colossians 1:9 1 Corinthians 2:16 Proverbs 3:5-6

6:00am – 9:00am or 6:00pm – 9:00pm

1. Commit the nation to the Lord and ask Him to raise leaders anointed with unique gifts and skills to drive economic development.
2. Lord we ask that you clothe our nation with power from on high and anoint us for victory in Jesus' name
3. Lord I ask for wisdom to be productive and committed in my sphere of influence and as I continue today I ask that you help me build my work and business on Christ the solid rock.

9:00am – 12pm or 9:00pm – 12:00am

1. Declare that your trust will remain in the Lord alone; ask Him to guide you in your career and business to escape partnerships which will bring

losses.

2. Pray that the Lord will help you to go about your business with godly principles and wisdom, and not with worldly wisdom.

12:00pm – 3:00pm or 12:00am – 3:00am

1. I declare I am who God says I am and not what others or my experiences say I am
2. I declare my future is being transformed now as my mind is renewed daily

3:00am – 6:00am or 6:00pm – 3:00pm

1. I declare and choose to believe the truth of God's word therefore hope increases in my life
2. I declare today that I will pay attention to the instructions of wisdom to me
3. I declare that I am a person of unlimited creativity within me is an endless abundance of creativity and energy
4. I declare I am increasing in favour today. I have favour with God and men.

DAYS **35**

(September 11)

Scriptures for meditation

**Psalm 25:9-10 James 1:5-6 1 Corinthians 15:58
Psalm 56:3-4; Psalm 23:3 Isaiah 40:31 Romans
12:2 Psalm 25:4-5**

6:00am – 9:00am or 6:00pm – 9:00pm

1. Father we praise you today for our nation today and ask for your peace
2. We pray that the Holy Spirit will saturate the body of Christ in our nation and cause believers to hold fast to the gospel in Jesus' name.
3. Pray that Christian missionaries in our nation will remain committed to their work and that the Lord will deliver them from afflictions, persecutions and tribulations.

9:00am – 12:00pm or 9:00pm – 12:00am

1. Pray that the name of the Lord shall be lifted up in every continent of the world;
2. Ask the Lord to release his Spirit of favour in areas where Christianity is being persecuted.

3. *Dear Holy Spirit, I ask you to release a fresh flow of dreams in the night and visions in the day. Help me to take the limitations off my imagination.*

12:00pm – 3:00pm or 12:00am – 3:00am

1. *Ask Him to establish your feet in the path of righteousness, to live by His principles in integrity and in faith.*
2. *Pray that as you wait on the Lord today, you will grow in faith and confidence in His word.*

3:00pm – 6:00pm or 3:00am – 6:00am

1. *Father, in the name of Jesus, renew thy Holy Spirit in me, help me to be spiritually sensitive to the direction of the Holy Spirit.*
2. *Father today, I receive grace to become an instrument unto honour help me to proclaim the gospel.*
3. *Father, in the name of Jesus, sanctify me by the knowledge of your word, let your word mould, transform, build me for thy word is truth.*

DAYS **36**

(September 12)

SCRIPTURES FOR MEDITATION

Genesis 28:15 1 John 4:16 Matt 18:20 Revelations 21:3; Proverbs 2:6 Palm 19:2 Proverbs 18:15 Proverbs 15:4

6:00am – 9:00am or 6:00pm – 9:00pm

1. *Bless the Lord for His abiding presence in your life and declare that His praises shall continually be in your mouth.*
2. *Praise the Lord for strengthening you to overcome all the trials and tribulations in your life; thank Him for preserving you through the stormy and valley moments.*

9:00am – 12:00pm or 9:00pm – 12:00am

1. *Celebrate the Lord for all the wondrous things He is about to do in your family; declare that His presence will overshadow every member of your family.*
2. *Thank God for the opportunity to daily come before Him as a family; affirm that God's love will bind*

your family together and give you peace even in the midst of storms.

3. *Thank God for the opportunity to come before Him as a Church in fasting and prayer; declare that the Holy Spirit will stir the hearts of many unto total consecration and devotion to God. Thank God for His mighty hand upon all the nations of the world; declare that He will reign in the affairs of governments and establish His will in all corridors of power*

12:00pm – 3:00pm or 12:00am – 3:00am

1. Pray that the knowledge you receive as you seek the Lord, through His word, fellowship, listening to others and as you go through the day; will bring a level of freedom for yourself, your family, the church and nation.
2. Pray that the goodness and beauty of God's light will be seen in you, in your family and in the church of Christ this week.
3. Pray that as the light of God shines out of your life those who do not know Him will desire to know Him, praise and revere Him.

DAYS **37**

(September 13)

SCRIPTURES FOR MEDITATION

Hebrew 6:10, Gal 5:13, 1 Peter 1:12, 1 Sam 12:24, 1 John 4:17, Romans 5:17, James 5:16b, Philippians 4:19, Romans 6:11; 2 Peter 1:4 Psalm 103:1-3, Isaiah 53:5

6:00am – 9:00am or 6:00pm – 9:00pm

1. *Thank God for counting you worthy to serve Him with all your heart and soul.*
2. *Lord help us to discover new areas of service in our church family and community;*
3. *I declare that I will rise to a position of honour, dignity and influence for kingdom purpose in Jesus' name.*

9:00am – 12:00pm or 9:00pm – 12:00am

1. *Father I ask for the spirit of wisdom and better revelation in the knowledge of you, help me to have a rich understanding of who you are*
2. *Father, in the name of Jesus, let the zeal of your kingdom fall upon me heavily and make me a tool*

for thy kingdom expansion

12:00pm – 3:00pm or 12am – 3:00am

1. I Can Adapt Well To Diverse Situations and People
2. As I live in God, my love grows more perfect. I can face Him with confidence on the Day of Judgment because I live like Jesus here in this world
3. I receive an abundance of grace and the gift of righteousness. I reign in life through Jesus Christ

3:00pm – 6:00pm or 3:00am – 6:00am

1. My prayers are powerfully effective and God richly supplies all my needs
2. I am dead to sin and alive to live supernaturally
3. I walk in ever-increasing health as the days go

DAYS 38

(September 14)

6:00am – 9:00am or 6:00pm – 9:00pm

1. *Lord, I declare that as I come before you with thanksgiving and praise on my lips, I receive all the promises concerning me, my family, my state, my nation in this season.*
2. *Father I declare that I am walking in freedom and dominion and this season will usher in a new phase in my life, with wisdom and understanding*
3. *We declare that God will heal our land God, we declare that the three tiers of government is aligning to the design and purpose of God*
4. *Father we declare that the leadership of our nation in moving in the right direction and we declare that our thinking patterns, mindset is transformed and seeing things from Gods perspective.*
5. *I declare the life of God is flowing in every aspect of my life*

9:00am – 12:00pm or 9:00pm – 12:00am

6. *I declare, that I am receiving divine strategies and ideas to do business, in a new way and greater dreams and visions are being unveiled in this*

season

7. *We declare that we are thriving and walking with a new mindset that will help increase our capacity in every area*
8. *I declare that every cell in my body is working in order as designed by God, it even now being revitalized by the blood of Jesus. I declare the shalom of God is working in every part of my being*
9. *We declare the lord is our shield and our helper we are stretching fort to take new grounds*
10. *I declare that I daily walk in increased knowledge and wisdom of God. I know the Lord deeply and He knows me. I walk by His status and I'm not distracted.*

12:00pm – 3:00pm or 12am – 3:00am

1. *I declare that even as I stretch forth this season I will rise up in wholeness, there will be restoration of lost glory, purpose and identity.*
2. *We declare that our nation we will be guided by the divine instructions of the lord*
3. *I declare that what is not found in heaven would not be found in my life*
4. *I declare I the life of God flows in me and I am walking in the supernatural naturally*
5. *I declare I the life of God flows in me and I am*

walking in the supernatural naturally

3:00pm – 6:00pm or 3:00am – 6:00am

1. *We declare that our hands are strong and we are stretching to take more grounds for the kingdom*
2. *I declare that our hearts are open and fully alive to my true identity in you and I see myself the way you see me. I declare that the stamp of God's approval is upon me today I shine as light, no condemnation, guilt or shame shall come near me.*
3. *I declare we are walking in love and honor with each other in our community*
4. *I declare that today will be the best day of my life spiritually emotionally relationally and financially because the joy of the lord is my strength*
5. *I declare I have the mind of Christ, I have the spirit of power and sound mind*

DAYS 39

(September 15)

6:00am – 9:00am or 6:00pm – 9:00pm

1. *I declare that by faith, every mountain before you moves and every valley is filled to the glory of God*
2. *I declare I am being strengthened with all power according to His might. I have great endurance and patience*
3. *I declare am supernatural empowered to live out the fullness of God's design for me.*
4. *I declare that I am led by the spirit of God. I am filled with the knowledge of God's will in all spiritual wisdom and understanding*
5. *I declare that God loads me daily with benefits. He is my salvation*

9:00am – 12:00pm or 9:00pm – 12:00am

1. *I declare that every imagination and every high thought that exalts itself above the knowledge of God is cast down. I declare that I am led by the spirit of God.*
2. *I declare the release of supernatural insight to see the treasures, callings and giftings in people and*

the grace to help them live it out.

3. *I declare that by the spirit of God I am living out the family culture of heaven*
4. *I declare I have a renewed mindset and I take my decisions from that place.*
5. *I declare my footsteps are ordered by the lord each day turns out for me more glorious*

12:00pm – 3:00pm or 12am – 3:00am

1. *I declare that we are growing from strength to strength and from glory to glory*
2. *I declare that my footsteps are ordered by the lord and I walk in favour daily*
3. *We declare that the body of believers in our nation is breaking forth in greater level of influence.*
4. *I declare that my heart is aligned with the heart of Father God; as a family we declare the release of the fullness of God's heart for us.*
5. *I declare I have the tongue of the learned; I release life over every circumstances around me.*

3:00pm – 6:00pm or 3:00am – 6:00am

1. *I declare that I am supernaturally impacted with joy and hope; I declare that joy increases in my heart today.*
2. *I declare that my heart long for deeper measure of*

the revelation of God and the knowledge of God increases in my heart today.

3. *I declare today to be the best day of my life spiritually emotionally relationally and financially, because the joy of the lord is my strength.*
4. *I declare that I am steadfast of mind and God keeps me daily flowing with joy and perfect peace because I trust in Him.*
5. *I declare I am a radical forgiver; my heart is free of offences and the love of God is shed abroad in my heart.*

DAYS 40

(September 16)

6:00am – 9:00am or 6:00pm – 9:00pm

1. *I declare that Jesus is the desire all people in our community and nation*
2. *I declare that my books are opened, I enter bodily into the fullness of God's assignment for me.*
3. *I declare I have supernatural courage, am empowered to face all challenges with boldness and might.*
4. *I declare that today to be the best day of my life spiritually emotionally relationally and financially because the joy of the lord is my strength*
5. *I declare that there is a great release of the harvest of soul into the body of Christ and they are growing in the knowledge of God.*

9:00am – 12:00pm or 9:00pm – 12:00am

1. *I declare the Holy Spirit impact supernatural boldness to me to reach out for the lost*
2. *I declare that God is raising dream interpreters in the places of authority and power across the nations*

3. *I declare that I receive the spirit of wisdom and revelation and I am walking in my kingdom inheritance*
4. *We declare that our leaders are walking with wisdom and understanding*
5. *We declare that our leaders are walking to make our nation great*

12:00pm – 3:00pm or 12am – 3:00am

1. *I declare that I walk in my true identity with boldness and supernatural courage.*
2. *I declare my lips will continually sing with praises of the goodness of God*
3. *I declare the love of God is flowing in me and I am walking in the love towards others.*
4. *I declare that I am walking in generosity and I honor God with my wealth and riches*
5. *I declare that the love of God is flowing out from me freely to others around me*

3:00pm – 6:00pm or 3:00am – 6:00am

1. *I declare right now that double-mindedness or lack of enthusiasm about my activities that I have today is ended from my life*
2. *I declare my heart belongs to Jesus. I will obey his instructions and clothe myself with humility.*

3. *I am Gods workmanship, created in Christ unto good works.*
4. *We declare our nation belongs to God*
5. *Today I declare the word of God over (mention their name) and I say let there be light in your life right now let every darkness looming over your life disappear by the power of God in Christ Jesus*
6. *We declare that the joy of the Lord will strengthen and keep us.*
7. *We decree and declare an increase in wisdom over our lives*
8. *Today I declare the word of God over the church we say that the church is living together as one.*

ONE FAMILY MANY FAMILY HOUSES

G.R.A.: 5 Oregbeni Crescent, Off Aideyan Road, Off Ihama Road, G.R.A Benin City. **Sundays** 7.00am, 8:45am, 10:30am. | **Wednesdays** 5.00pm.
T: 052-941315, 052-941297, +234(0)7042163160

UPPER SOKPONBA: Natama Event Centre, 415, Upper Sakponba Road, After Oka market. Benin City. **Sundays** 7:30am & 9:30am | **Wednesdays** 5.00pm. **T:** 07040393329, 07045191279

IKPOBA HILL: 143, Benin/Agbor Road. **Sundays** 9.00am | **Wednesdays** 5:30pm. **T:** 07025984130, 07045191347

SILUKO: 42, Siluko Road, Benin City. **Sundays** 7.00am & 9:00am | **Wednesdays** 5.00pm. **T:** 07025984130, 07045191347

UGBOWO: First Floor, 248, Ugbowo/lagos Road, Beside Edegbe line, Benin City. **Sundays** 8.00am | **Tuesdays, Wednesdays & Thursdays** 5.00pm. **T:** 07026256523, 07045191354

ABUJA: Shekina Plaza, 1 Iadoke Akintola Boulevard, Beside Monday Market, Garki 2, Abuja. **Sundays** 8:30am | **Wednesdays**, 5.00pm.
T: 09065549197, 09052115050

LAGOS: Plot 3, Royal View Estate, Beside ASCON Filling Station, Opp. Mega Chicken, KM. 14 Lekki-Epe Expressway, Lagos. **Sundays** 9.00am.
T: 09095940363, 07045191274

UGBOR: 1-8 Michael Edo Ogie Close, Off Ogunmwenyi Road, Ugbor Village Road, Ugbor. **Sundays** 9:00am **T:** 08159171849

SPAIN: C/ la Pena no 6, Pabellon 17, Victoria Gasteiz, Spain. **Sundays** 11.00am. **T:** +945041216, +34696073508, +602373241, +632445259, +34632483788

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