

**21 DAYS PRAYER FASTING
MANUAL 2019**

FIRM FOUNDATION INT'L

Foundational Psalms for days, month, sphere of the society, country and continent

1st Day of the week: Psalm 145, 138, 120

June: Psalm 5, 113

Sphere (Family & Belief System): Psalm 128/Psalm 21

Nigeria: Psalm 74, 79

Africa: Psalm 67

2nd Day of the week: Psalm 125, 140, 127

June: Psalm 5, 113

Sphere (Government, Governance & Leadership): Psalm 97, 29

Nigeria: Psalm 74, 79

Africa: Psalm 67

3rd Day of the week: Psalm 130, 134; 2 Sam. 22

June: Psalm 5, 113

Sphere: (Education, Training & Development): Psalm 112

Nigeria: Psalm 74, 79

Africa: Psalm 67

4th Day of the week: Day: Psalm 90, 42, 48

June: Psalm 5, 113

Sphere: (Media of Communication): Psalm 19

Nigeria: Psalm 74, 79

Africa: Psalm 67

5th Day of the week: Psalm 37, 144, 118

June: Psalm 5, 113

Sphere: (Arts, Sport & Cultural Development): Psalm 115

Nigeria: Psalm 74, 79

Africa: Psalm 67

6th Day of the week: Psalm 24, 19, 136

June: Psalm 5, 113

Sphere (Media of Communication): Psalm 19

Nigeria: Psalm 74, 79

Africa: Psalm 67

7th Day of the Week: Psalm 124, 19, 36

June: Psalm 5, 113

Sphere (Economy & Business/Belief System): Psalm 25, 34/Psalm 21

Nigeria: Psalm 74, 79

Africa: Psalm 67

DAY 1

Lord, I come before Your Courts. As I stand before You, I honor You as the Great Judge of all and the Judge of all the earth. I thank you for the blood of Jesus that is speaking for me according to Hebrews 12:24. I repent of all sins, transgressions, and iniquities that would allow accusations against me.

I thank you that the blood is silencing every voice against me according to Colossians 2:14. All the handwriting of ordinances that would speak against me are now silenced by the blood of Jesus. Thank You that all cases against me in the spirit realm are removed by virtue of who Jesus is and what He has done for me.

As I stand before Your Courts, I also present my own case before You. Your word in Isaiah 43:26 declares: Put Me in remembrance; Let us contend together; State your case, that you may be acquitted. Lord, I place you in remembrance of what You wrote about me in my book of destiny. I thank You that I was planned and created with a divine purpose recorded in this book.

I bring this purpose to you. I state my case before You. (At this point, begin to present the details of what you presently understand about your destiny.)

Lord, I am asking before Your Courts that there would be a fulfilment of all that is written in my book. I repent for any place I have walked contrary to what is in my book.

I am now surrendering to You and asking that the purpose of my life recorded in my book would be fulfilled. I ask for divine favor to come over my life so that the right people will help me.

I ask that circumstances would line up to allow what is written in my book to be done. I ask that great doors of opportunity would open so that I might fulfill what is in my book.

Lord, I ask this not just so I can be blessed and influential, but so Your divine

purposes might be accomplished. Lord, I am asking that the passion of Your heart would be done through me on this earth. Let me fulfill what is in my book so the part of Your purpose I am to accomplish will happen. Lord, I also come before Your Courts to lay my life down. I choose Your desires over my own. According to Your Word in Revelation 12:11, I love not my life to the death. I may not need to die naturally, but I choose to “die” to my own wants and wishes where they conflict with Yours. I take up my cross and follow hard after You. Lord, as I do this by Your grace, may I obtain before this Court a “good testimony.” As I by faith walk in obedience to You, may I be recognized and remembered in the Courts of Heaven. May I be allowed to present cases before You on behalf of my life and my family. More importantly, Lord, may I be able to present cases for Your divine passions to be fulfilled. I lay my life before You and ask for Your grace that empowers me to obey in Jesus’s name, Amen.

DAY 2

Lord, by faith I stand before Your Courts.

Thank you that I have the right to stand in this place. Lord, I stand here as one trusting in all that Jesus has done for me. I repent of any condemnation, shame, or guilt resulting from under the law. I can never be good enough on my own.

I trust in Your goodness for me. Lord, as I stand here, I thank you that the law of the Spirit of Life has set me free from all the condemnation of the law of sin and death. I now live under the freedom of the Spirit but also the restraints of the Spirit as well.

I submit myself to the Lordship of Jesus executed through the person of the Holy Spirit. I surrender my life to the rulership of the Spirit of God. I ask that any curse brought about through any legalistic attitude in me would now be dismissed. I thank you that its power is broken and its authority to operate against me is now removed. Lord, Thank you so much.

As I yield to the Holy Spirit’s governance, I ask that anything in my bloodline that the devil would be using legally against me would be revealed.

I repent for any effort of my own to discover these things through frantic search or paranoia. I trust You, Lord, to reveal these things to me and bring me to maturity.

As I come out from under the law and into the freedom of the Spirit.

I am open to receive these revelations through whatever means You desire.

I ask, Lord, that these things might be known through the power of the Holy Spirit.

If there is any legal thing working against me in the spirit, please let it be known to me. I trust You Lord and the precious Spirit of God to unveil this to me, in Jesus name, Amen.

DAY 3

Lord Jesus, I thank you for all You have done for me on the cross through Your resurrection and ascension.

You are now at the right hand of the Father and You have received from the Father the Holy Spirit and have poured Him out. I now receive from Your gracious hand, the person of the Holy Spirit and my empowerment to pray.

I receive the gift of tongues now in Jesus name.

(By faith, open your mouth and begin to pray in the language of the Spirit. Don't worry about what it sounds like.)

DAY 4

Lord, I come before You, the Judge of all the earth. As I stand before Your Courts, I request the right to take my place as a judge in Your Courts.

I desire, Lord, to be able to release judgments that will set in order Your kingdom's will on the earth.

I desire your passion for justice to be seen on the earth. You, Lord, are just, in Your nature and person. The justness of who You are is the source of our patience.

Your Word declares in Revelation 13:10, He who leads into captivity shall go into captivity; he who kills with the sword must be killed with the sword. Here is the patience and the faith of the saints.

I thank you, Lord, for Your justice. I wait for Your justice to be manifested on the earth. This is my patience and faith as one who belongs to You.

As I take my place as a judge, I allow the Holy Spirit to "judge" me and chasten me according to Your Word. I invite and yield myself to the searching of the Spirit. I welcome the Holy Spirit's work to reveal and take out of my life any "log" or "beam" that would not allow me to see clearly as a judge.

I ask that any wrong perspective, any wrong idea or concept, or any wrong motive be removed from me. I want to give only righteous judgments before You.

As a judge in the spirit realm before You, I ask that I take my seat in the place You have ordained for me to occupy, I by faith take that place.

I ask that any mantle and anointing associated with this seat should come upon me. I ask that I might function in the fear of the Lord as a judge in the realm of the spirit.

Thanks so much, Lord, for allowing me to make decrees, issue declarations, release prayers, and present petitions before You.

I ask, Lord, that things would come to divine order in the natural as things shift in the spirit with these decrees. Lord, may breakthroughs come because of You allowing me to function as a judge from the Courts of Heaven. Thank You so much for this honor and privilege. In Jesus' name, so be it!

DAY

5

Lord, I thank you for all Jesus has done for me. I thank you that I have been repositioned in the realms of the spirit because of Jesus's work on the cross.

As I now stand in these dimensions, by faith I ask access to Your Courts.

I ask that the doors of the Courts be open for me and that I be granted the right to stand in Your Holy Place.

(At this point, visualize in your spirit standing before these doors. Different people see different things, but just begin to "look" here.)

Hebrews 5:14 says we begin to learn our spiritual senses by using them. But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

(Begin to exercise your "seeing sense." Don't be afraid to "look" and say what you are seeing.)

(As the doors open, "step" across the threshold into the Courts. "Look" into the spirit and say what you see.

"I usually am aware of the Cloud of Witnesses in a balcony type setting. I also see God the Judge. His seat is very high, and I normally can't see His head or face. You may see Jesus. You also may see angels in the Courts. Sometimes, there is an angel keeping record of all that is happening.")

Lord, as I stand before Your Courts, I present myself as a living sacrifice before You according to **Romans 12:1**. I ask You to examine me and purify me by Your blood of any and all defilements.

Lord, I want to be holy as I stand here in Your presence. Please forgive me of every sin, trespass, and iniquity.

I ask that Your blood would speak for me as I stand here before You.

(Be aware of any words being spoken against you by a demonic force. Should you hear, see, feel, or discern anything being brought against you, begin to repent of it. Ask for the blood of Jesus to speak on your behalf).

Lord, I acknowledge that which is being spoken against me. I acknowledge these accusations, and I repent for any and all of them. I ask for Your blood to speak for me. I am sorry for that of which I am guilty.

Would you forgive me and revoke the rights of these who speak against me. Would You by Your blood stand on my behalf and silence every accusation against me. I am sorry for my sin.

Thank you, Lord Jesus, for all that You have done and will do for me. I pray, this case against me be dismissed and removed.

(At this point, the Court may allow you to make a request. If so, begin to present your petition before the Court, listening and being sensitive to anything going on in this sphere.)

(As you get ready to leave the Court, do not just end it. Be careful to thank the Lord for allowing you time there and also seal by the blood of Jesus anything that was done.)

Lord, thank you so much for allowing me to tread Your Courts. I honor and bless You. I ask that the work done in me would be established. I ask that it be sealed by the blood of Jesus and the power of the Holy Spirit. Thank you so much for allowing me to encounter You and the Courts of Heaven. In Jesus' name. Amen!

DAY

6

Lord, as I come into Your Courts, I stand before You. Lord, I thank You that what Jesus did for me on the cross now speaks on my behalf before Your Courts.

I repent for my own personal sins and transgressions, but I also bring the iniquity of my bloodline to You. I ask that anything the devil would legally accuse me of would now be revealed.

I bring my bloodline to You through my father ***(say your father's name)*** and through my mother ***(say your mother's name)*** all the way back to Adam and Eve. I ask that anything that the devil would legally be bringing against me would be known.

I repent of all iniquities I have discerned naturally. (Deal with each issue separately. Go through them one by one, repenting of that which has twisted the bloodline and generations.) I now ask for the blood of Jesus to speak for me and my bloodline. I ask that any and every legal right of the devil to use these things would now be revoked. Lord Jesus, Thank you so much for Your blood that speaks for me.

I repent for any and all iniquities I discern in my bloodline through my father and my mother prophetically.

I ask that anything that needs to be exposed in my bloodline would now be seen. Anything the devil, as my legal opponent, would bring against me, I ask that he be made to show it. ***(Be sensitive at this stage to anything you see, hear, or feel.***

Anything that is discerned, whether you know about it naturally or not, repent of it.)

Lord, I also thank you for Colossians 2:14 that declares You took away every case against me on the cross.

I ask, Lord, that anything known or unknown would be removed.

I ask that the right of the devil to legally use this against me is now revoked.

Thank you so much for nailing all these things against me to Your cross. I receive it and accept it in Jesus' name. Amen.

DAY

7

Lord, as I come to stand before Your Courts, I thank you that I have a book in heaven. Thank you so much that You thought of me before time began and wrote my destiny and purpose in a book in heaven.

As I stand before You, I declare in Your Courts, "I want to fulfill all that is in my book. I want to fulfill my destiny that is connected to Your purposes on the earth."

Lord, that which you saw concerning me before time began, I ask that this might be "my life." I choose that which you have chosen for me.

As I stand before Your Courts, Lord, I lay down my life as best as I can, through the power of Your Spirit according to Romans 12:1, I present myself as a living sacrifice, holy and acceptable to you.

I ask that according to Ephesians 4:1, I might have a walk worthy of the calling that was determined for me, written in the book in heaven.

I also ask, Lord, that any case or accusation the devil would have against me before Your Courts would be silenced by the blood of Jesus.

Lord, I thank you that Your blood speaks for me, and I agree with its testimony according to Hebrews 12:24.

Lord, I thank you that Your blood grants God the legal right to forgive me, remember me, and redeem me to the purpose that is in my book. Just as Peter's destiny and purpose was secured from the Courts of Heaven, so, Lord, I thank you that my destiny is secured as well.

Lord, I declare before Your Courts that I am Your servant, so please use me. I ask that my life might count for the kingdom of God as it is recorded in the books of destiny in heaven.

Lord, I also ask that according to Ephesians 2:10, I might walk and live as Your workmanship. Lord, now I realize that Your grace makes me Your work of art and a display of Your splendor and glory.

I ask before Your Courts that I would live in the rhythms of Your grace. I ask, Lord, that You would take me "out of the grind of life, and put me into Your groove."

Lord, would You now bring about my empowerment through Your Spirit that from Your strength, I could fulfill all that is written in the books of destiny for me.

Lord, I desire with great passion to fulfill Your will. Please accept my request before You and let all that would resist my petition be revoked.

Thank you so much Lord, for loving me. I look forward with expectation to fulfilling all that is in my book in heaven. In Jesus' name, Amen!

DAY

8

Lord, as I come to stand before Your Courts, I thank you that I have a book written in heaven concerning my destiny and future.

I was created and made for a divine purpose. However, Lord, I sense that someone in my blood-line may have made a covenant with devilish powers that has allowed them to hold my book captive. Lord, as I stand before this Court, I am asking for my book back. I want the purpose that You made me for to be revealed and fulfilled.

Lord, as I stand before You, I repent for any and all covenants made with demon powers. Any agreements or covenants my ancestry has made with devilish powers I repent of them. Any rights these covenants have given the powers of darkness to take captive of my book, I am asking them to be annulled.

I am sorry for any personal or generational involvement with demons and powers of darkness. I want nothing to do with them. I only want what is from You.

Lord, I say before this Court that I am yours. The blood of Jesus has bought me, and as for me and my house, we shall serve the Lord!

Lord, I also ask that my bloodline and I would be forgiven for any trust in or involvement or interaction with demon powers. I repent, Lord.

I ask that the blood of Jesus according to Hebrews 12:24 would now speak on my behalf and undo any and every covenant that would empower demons to hold my book. I now want and decree my book freed.

Lord, I also now want to return to these demon powers any claim they have on me. I want nothing of theirs. I only want what comes from You. You alone are my source, strength, and purpose for living.

Lord, I also now dispatch angels to go and recover my book. Wherever my book might be held captive, I ask for it to be found and retrieved.

I say before You that because of the blood of Jesus, every legal right of the devil to hold my book is now revoked and removed. The angels are now empowered and freed to recover my book and bring it to me! ***(At this time, you should be "looking" in the spirit. You might see, hear, sense an atmospheric change or other***

spiritual occurrences. These are the angels moving on your behalf. Keep “looking” and you may see your book being brought back to you.)

Lord, I thank you and receive the book for me and even my family line. Any and every book that belongs to me that has been dedicated to my ancestry, I now receive. ***(Sometimes people “see” more than one book coming to them. Each of us has our own book. I have found, however, that the book for those in our family lines can be recovered as well. Also, if there are those who died prematurely and were unable to fulfill what was in their book, these books may also be retrieved. There are unfinished purposes within the family line that need to be stewarded into fullness.)***

Lord, I thank you for the recovery and securing of my book. I receive it and dedicate myself to fulfilling all that was written about me before time began.

I receive the grace that has already been given to me according to 2Timothy 1:9. Lord, let Your grace abound in me and through me to fulfill all You wrote in my book. Lord, I love you and thank you for this. In Jesus’ name, Amen!

DAY

9

Lord, as I come before Your Courts, I present myself before You. I thank you for all that Jesus has done for me that allows me to stand in this Holy Place.

I declare from this place that You, Lord, are my Lord and King. I surrender to You all that I am. Thank you so much for loving me.

I thank you Lord, for the book in heaven that is written about me. I thank you that I now possess this book. I ask now that this book would be opened and the revelation of Your purpose for my life would now come to me.

I ask that anything that would cause my book to be shut and cause me confusion, frustration, and lack of detailed knowledge of my purpose be revoked and removed.

I approach Your Courts with deep intercession. Just as Jesus was heard according to Hebrews 5:7 because of His fear of God, which manifested through tears of prayer and supplication, please let me be heard.

I position myself before You and ask that my tears and cries be used by heaven to open the book concerning my destiny and future.

Lord, would You allow heaven to regard my tears and intercession for the opening of my book. Just as John wept for the book to be opened in Revelation 5, so I intercede with passion for my book to be open.

Lord, I am desperate for Your will to be done in my life. I want only Your purpose accomplished.

Lord, as I see my book opened, I now stand before You to present from this opened book a case for my destiny to be fulfilled. According to Your purpose for me, I ask that it might manifest on the earth.

Lord, I ask that You might be glorified and that Your purpose would be done. ***(Any detailed understanding you have concerning your destiny and purpose you should present before the Lord here.)***

Lord, I lay aside anything that is of my own desires and not yours. Should what I want interfere with Your intent, I lay it before You.

I say with Jesus according to Hebrews 5:7, "I come, O God, it is written of me in the volume of the book to do Your will!" Your will, Lord, is my passion. Please allow Your desires and purposes to be fulfilled in me as they are written in the volume of the book in heaven.

I love you, Lord, and lay my life before You in Your Courts. In Jesus' name, Amen!

DAY 10

Remember, the devil is a legalist, and he is looking to use anything against you to restrain you from fulfilling your God-ordained purpose.

1. **Pray and ask the Holy Spirit to lead you into all truth.** Do *not* become introspective—intentionally trying to find everything wrong with your life through this process. This is the counterfeit of genuine conviction.

God is a loving Father who takes us from glory to glory. If He were to reveal every single area of our lives that needed adjustment all at once, we would be overwhelmed and feel defeated. The adversary will attempt to move you in this direction, so be vigilant and on guard during this process.

- **Condemnation** comes from the devil and will always leave you feeling overwhelmed, overcome, and disempowered. The fruit of condemnation is hopelessness.
- **Conviction** comes from the Spirit of God and is accompanied by the hope of victory. While the Holy Spirit will reveal to you areas of your life that are under the influence of darkness, He will come with the power and strategy to give you victory, thus filling you with hope.

2. **Ask the Lord to open the courts of Heaven for you.** We do not demand or command this—this is a privilege that God the Judge extends to us out of His mercy.

3. **Now, ask the Holy Spirit to shine His light of conviction onto the following areas:**

- **Sin:** areas where you have missed the mark.
- **Transgression:** areas where you stepped across a line; activity against God.
- **Iniquity:** sin that is in the bloodline.

4. For **sin and transgression**, simply repent for these things. Rather than providing a comprehensive list here, ask the Holy Spirit to convict you of these items so you can repent of them, turn away from these snares of the enemy, and take further steps toward fulfilling your destiny.

- Repent for areas where you have missed the mark of the Lord.
- Repent for areas where you did the right things for the *wrong reasons*.
- Repent for impure motives and thoughts.
- Repent for actions and deeds that are contrary to the will of God.

5. For **iniquity** : which is sin in the bloodline—you will need to deal with this slightly differently. In a future session, you will receive instruction on how to break and dissolve curses that have landed upon you and are hijacking your destiny.

For right now, ask the Holy Spirit to start making these bloodline sins known to you. And remember, refuse to allow condemnation or fear to enter into this process. This is a sign that the enemy is trying to interfere because he is threatened by your freedom.

DAY 11

Tuning to the Prophetic

Sacrifice and offering You did not desire; my ears You have opened (Psalm 40:6).

Father, right now I ask You to open my ears to hear Your prophetic word. Right now, I come against any hindrance that is preventing me from hearing Your freshly

spoken word. I recognize that it is Your will for all believers to prophesy and hear prophetically. This includes me!

Lord, I repent for giving my ear-gates and eye-gates to anything unclean. I repent for dismissing Your voice speaking to me through signs, symbols, pictures, or unusual occurrences.

I repent for making declarations or confessions, by actually saying things like, "I am not a prophet" or "I don't hear God that way" or "I don't have visions and dreams." On the basis of your Word, the very signs of Holy Spirit outpouring are the prophetic, dreams, and visions. These were not limited to a specific group of Christians, they are available to all who have received the Holy Spirit. I have the Holy Spirit, so I have access to the prophetic voice of God! Open my eyes and ears that I might see and hear You, Lord!

DAY 12

Restoring Your Ability to Dream

I delight to do Your will, O my God, and Your law is within my heart (Psalm 40:8).

God, I recognize that Your law is written on the tablet of my heart. In fact, Your Word says that eternity is written on my heart. Everything that You have purposed for me to accomplish, and to fulfill has been written on the scroll of my heart. I repent for embracing anything in my life that has hindered or even extinguished the ability to dream. I repent for placing boundaries and barriers around my dreams, only conceiving of things that I can accomplish by my own ability or strength. Connect me, Holy Spirit, with the dreams that only Christ in me can bring to pass!

Even now, Holy Spirit, I ask You to release a fresh flow of dreams in the night and visions in the day. Help me to take the limitations off my imagination. If I have been afraid of venturing into the realm of imagination, right now I place my imagination and dream life under the sanctifying influence of the Holy Spirit. Release me from any fear of dreaming, and I ask You to connect me with the very purposes You've written on my heart through the conduit of dreaming.

DAY 13

Identify Curses That May Have Landed upon You

1. Ask the Holy Spirit to lead you through the process of identifying curses that might have landed upon your life.

2. Invite the Holy Spirit to protect you from condemnation from the enemy, as this tends to shut down the process of people evaluating possible open doors to curses. (They give up because they are overwhelmed by the accuser's condemnation.)
3. Refuse the temptation for intense introspection. Only focus on what the Holy Spirit reveals and highlights to you. Remember, the reason God would make any of these curses known to you is **not** to make you feel bad about them but to give you the ability to repent for these things and renounce their tormenting influence over your life. God reveals curses to you because He wants to break their hold over you. He wants you to execute the judgment of the cross against these curses.
4. Begin to pray through the list. Reviewing the different classifications of curses that were introduced in this session, begin to pray through them and ask the Holy Spirit to highlight anything that needs to be addressed in your life or as the result of previous generational iniquities.

Innocent Bloodshed

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where innocent bloodshed has been committed. ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce any innocent bloodshed that has been committed through my family line ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this, right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curses that have landed upon my life because of innocent bloodshed be broken in the Name of Jesus. Thank You, Lord!

I rebuke and cancel any assignment of premature death in the name of Jesus! Who the Son sets free is free indeed! I receive Your freedom, right now, and thank God that all the tormenting effects are broken. Thank you, Holy Spirit, that my books of destiny are being retrieved and opened right now!

DAY 14

Disobedience to God's Voice

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where there has been a major act of disobedience committed to Your voice. ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce my disobedience to Your voice ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I also repent for and renounce disobedience to Your voice committed by previous generations. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I reverse diminished return for my labor, in the Name of Jesus. Where there was lack, I declare increase because the curse has been reversed!

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curses that have landed upon my life because of disobedience to Your voice be broken in the Name of Jesus. Thank You, Lord! Who the Son sets free is free indeed! I receive Your freedom, right now, and thank You that all of the tormenting effects are broken. Thank You, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 15

Covenant Breaking

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have broken a covenant or others in my family history have broken covenants (perhaps one of the most significant is marriage/divorce). ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce any covenants that I have broken ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I also repent for and renounce covenants broken by previous generations. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I repent for marriages that ended in divorce (either your own or those of previous family members). Thank you, Father, that You are the restorer of the breach. You make all things new, right now, I ask for the work of the cross to cleanse my bloodline of the effects of broken covenants.

Right now, because of Jesus' blood and because of the legal verdicts rendered at the atonement, I ask that any curse that have landed upon my life because of broken covenants be broken in the Name of Jesus. Thank You, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all of the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 16

Sexual Sin

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have participated in sexual sin or others in my family history who have participated in sexual sin. ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce any sexual sins that I have committed directly ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I also repent for and renounce sexual sins committed by previous generations ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I repent for fornication—sexual sins that took place before marriage ***(premarital sex and sexual acts, pornography, sexual fantasy/imaginings, books, movies, etc.)***. I repent for adultery—sexual sins that took place in my marriage (sexual affairs, emotional affairs, pornography, etc.). I repent for sexual thoughts and words—fantasies, lustful imaginings, and crude joking/conversation.

Right now, because of Jesus' blood and because of the legal verdicts rendered at the atonement, I ask that any curse that have landed upon my life because of sexual immorality and sexual sin be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all of the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 17

Returning Evil for Good

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where evil has been returned for good. ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce any evil that has been returned for good that has been committed through my family line ***(name, specifically anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life.

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curse that have landed upon my life because of returning evil for good be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 18

Abusing Authority

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have used authority to abuse others. ***(Wait on the Lord and listen for what He says/reveals)***

Father, I repent for and renounce any abuse of authority that has been committed through my family line ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I repent for using authority to manipulate others to do what I want them to do. I repent for using authority to control others. I repent for using authority to spiritually manipulate other people. I repent for the sin of witchcraft that is authority abuse. I renounce the controlling spirit of Jezebel and break its hold over my life and previous generations.

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curse that have landed upon my life because of abuse of authority be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 19

The Trauma of Abusive Authority

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have experienced abuse by an authority figure (spiritual, teacher, parent, etc.). Thank you, Lord for desiring to break the power and effects of trauma in my life—trauma that opened doors to demonic torment. ***(Wait on the Lord and listen for what He says/reveals.)***

Father, I repent for and break off the effects of any abuse I have suffered because of authority figures in my life or abuse that previous generations have suffered at the hands of authority figures ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I repent for unforgiveness and bitterness—my own and that, harboured by previous generations. I release my abusers now in the Name of Jesus. As an act of the will, empowered by the Holy Spirit, I set them free from my judgment and my unforgiveness. I break off the effects of abuse and I rebuke the spirit of trauma in the name of Jesus. I break off the effects that memories of abuse have caused in my life, which have opened doors to demonic torment.

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curse that have landed upon my life because of abuse be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 20

Not Submitting to Authority

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have not been submissive to authority (godly authority, governmental authority, parental authority, etc.) ***(Wait on the Lord and listen for what He says/reveals.)***

Father, I repent for and renounce any resistance to godly authority that has been committed through my family line ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life. I repent for rebelling against governmental authority. I repent for rebelling against godly authority. I repent for rebelling against parental authority. I acknowledge that the

spirit of rebellion is like the spirit of witchcraft, so I break its hold over me right now in the Name of Jesus. In the place of prayer, I go into former generations and break alignment with past rebellion. Rebellion stops here and now—it ends today. I repent for it. I renounce it. I break its power over me and future generation.

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curses that have landed upon my life because of rebellion be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank you that all the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

DAY 21

Breaking Word Curses

Holy Spirit, shine Your freeing light of conviction on any area of my life/my history where I have received or released word curses. ***(Wait on the Lord and listen for what He says/reveals.)***

Father, I repent for and renounce any word curses that I have received or released ***(name, specifically, anything the Holy Spirit brings to your attention and call it out)***. I execute the verdict of the cross over this right now in Jesus' Name. I declare that Jesus became a curse on Calvary so I would not have to live under the torment and tyranny of curses in my life.

Right now, I undo every word curse that has been brought against me or that I have released over others.

I repent for every place where I have released a word curse over someone. Father, I forgive those who have released word curses over me—or over my family/ previous generations. I break off the word curses that have landed upon me. Right now, declare the opposite of the curses that have been released over you. For every curse, declare the blessing of God. Declare reversal. Declare that what was placed upon you through a curse is broken through the power of blessing. I declare that I let what's written in my book of destiny define me, not word curses from others.

Right now, because of His blood and because of the legal verdicts rendered at the atonement, I ask that any curses that have landed upon my life because of word curses be broken in the Name of Jesus. Thank you, Lord!

Who the Son sets free is free indeed! I receive Your freedom, right now, and thank You that all the tormenting effects are broken. Thank you, Holy Spirit, that books of destiny are being retrieved and opened right now!

MATERIALS NEEDED FOR THE FAST

- Operating from the courts of heaven (audio message) by Benson Akhigbe II

SOURCES

- Robert Henderson (prayers and declaration that open the courts of heaven)
- Dr. Abu Bako (The testimony of Jesus is the spirit of prophecy)